WEEK 1 MENU

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Option 1 | Chicken and Vegetable pie | Shredded Chicken or Pulled Pork with BBQ sauce or Gravy | Minced beef and Dumplings | Beef Roast and Yorkshire puddings | Fish Fingers |
| Option 2 | Meatballs in a Tomato Sauce with Pasta (V) Or Bolognaise with pasta (V) | Pizza (V) | Pasta Bake (V) | Burger in a bun (Beef and/ or Quorn (V)) | Curry with Rice (V) |
| Sides | - Mixed Vegetables <br> - Cauliflower <br> - Mashed potato | - Sweetcorn <br> - Green beans <br> - Peas <br> - Wedges <br> - Mash | - Carrots <br> - Broccoli <br> - Boiled potatoes <br> - Mash | - Beans <br> - Sweetcorn <br> - Broccoli <br> - Wedges <br> - Mash | - Peas <br> - Carrots <br> - Chips |
| Dessert | - Rice pudding <br> - Jelly, fruit \& Ice cream <br> - Yoghurt | - Cornflake Cake \& custard <br> - Instant Dessert with Fruit <br> - Yoghurt | - Sponge cake and custard <br> - Yoghurt | - Apple Crumble and Custard <br> - Jelly and Fruit <br> - Yoghurt | - Cheesecake <br> - Ice cream and Fruit <br> - Yoghurt |

## ALSO AVAILABLE DAILY: • Pasta King bar (where applicable)

- Jacket potato with Filling (where applicable)
- Salad Bar
- Sandwiches or Subs or Wraps
- Cheese \& Crackers
- Fresh Fruit
- Bread
- Drinking Water
- Wholegrain Pasta/Rice/Bread also available

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.

